



ASK the Brain Fitness DIVA

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The Quantum Spectra-Vision™ Technology has the ability to test over 9,000 substances and receives a detailed response back from the body, which is then recorded in the computer. It taps into, or 'eavesdrops' on the body's communication systems –much like the Internet. This revolutionary technology has been developed through combined efforts in Germany and the U.S., employing the landmark findings of Dr. Alfred Gilman, M.D.

Quantum Spectra-Vision™ testing is a method of measuring electrical responses of the body, which helps identify various stressors that might interfere with the bio-electrical communication process within the body. The evaluation may include recommendations for



natural remedies, stress reduction methods and/or nutritional changes designed to balance bio-energy and enhance overall wellness. These recommendations are not cures for any known diseases, nor do they need to be. It is NOT a method of diagnosing illness, nor are the suggested remedies designed to replace any of the medications or treatments currently being provided or recommended by a primary care practitioner.

Stress is defined as "a maladaptive response to change in the environment." Finding ways to deal with stress is critical to wellness. Although stress affects individuals differently, one fact is beyond dispute: stress, especially unresolved, long-term stress, is a primary contributor to psychological and biological illness.

Self-regulation and Quantum Spectra-Vision™ Evaluation & Testing

The human body is a complex sensing organism with innate intelligence, capable of processing everything that enters into its environment. Processing stimuli thousands of times per second, the body strives to sustain a balance between systems (called homeostasis). The body's self-regulation of all its systems is critical to our overall well-being.

So remarkable is the body's drive to maintain balance that even in the face of extreme stress, we are often unaware of imbalance until the body's coping mechanisms are overloaded and physical

symptoms manifest themselves. For example, ailments such as ADD, ADHD, PDD, Dyslexia, ASD and Depression don't develop overnight although they may reveal themselves suddenly.

By monitoring the body's response to electrical impulses, Quantum Spectra-Vision™ testing taps into the body's own data communication pathway and then maps the stress blueprint of the body. This provides non-invasive testing to determine stress responses and functional imbalances in the body.

How: Everything in the universe has a frequency and vibration ($E=MC^2$ means that all matter is just a form of energy, only the vibration rate is much slower). Quantum Spectra-Vision™ testing uses electromagnetic information that flows through the fluid in the mesenchyme just beneath the skin, acting as a communication network. This bioenergetic communication network, which includes the Traditional Chinese Medicine (TCM) meridian system, precedes and directs the biochemical and neurological networks of the body. Without communication there is confusion and chaos, internally as well as externally.

The human body is 60 percent water and acts as a closed water system, like a pool. Stress creates a wave pattern in its reaction to a stressor. So a wave is created when we react to stress, much like throwing a rock into a pond. This system holds the energy signature of thousands of substances.

The Multi-Channel System uses electrodes on the head, wrist and ankles to test skin resistance, and the machine broadcasts a wave for each substance into your body, using very low voltage that you can't feel, and then measures your galvanic skin response to that signal. In short, Quantum Spectra-Vision™ testing eavesdrops on your communication network for what is out-of-sequence, out-of-phase, not connected, not coherent—for what is stressed.

Quantum Spectra-Vision™ Test Results

The testing identifies responses both to, and within, your body, including toxic load, allergic response, or energetic imbalance to:

- Toxins —chemical, microbial, heavy metal, inhalants (pollens, molds, etc.), viral and vaccine reactions;
- Foods, nutrients and enzymes;
- Body systems, organs and processes (metabolism, acid/alkaline balance, etc.).

The testing provides information for the type of support you may need to help you reduce these stressors and balance deficiencies, including:

- Self-care —dietary adjustments, orthomolecular nutrition, environmental alterations, etc.;
- Other healthcare providers, such as follow-up testing for physicians (M.D. or N.D.), dental problems, spinal misalignments for osteopathic/cranial-sacral/chiropractic adjustments, imbalanced acupuncture points, nutritional issues, homeopathic remedies.